Hello! I'm...

Jasha Cram

"Twinful Twin Tasha" Founder of Twinful, LLC

I have been blessed with the unusual life experience of being a Twin loss Twin. My fraternal twin, Tonya passed away at the tender age of just 4 years old of leukemia back in 1976. I've learned through the vastness of my grief healing journey that there is a connection to ALL ~ seen and unseen.



It has been through my dedication to understanding that connection, that I have gained clarity about how close my twin remains despite her 'transition to heaven'. I share my story; and the steps I took to gain awareness about my eternal connection to Tonya to assist many other twin loss twins and other multiple-birth loss survivors in finding their way through their unique grief experiences. I do this through various projects; Butterfly Ranch, the Tie Blanket Project, Journey of 1000 Healing Hugs, and my G3 Cycle Course.



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2023 Hug Tour Stop Salt Lake City, UT

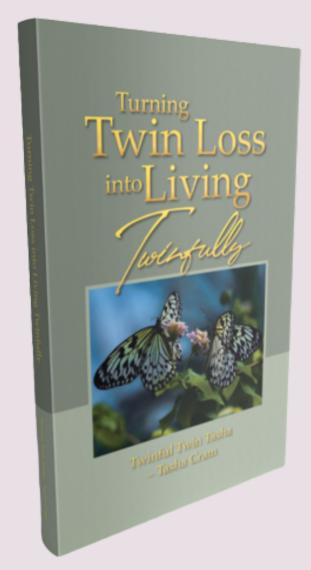
INSIDER Article on Butterfly Ranch

Life, Death & the Space Between with Dr. Amy Robbins

How We Heal With Dr. Maria

BAAB.

Turning Twin Loss into Living Twinfully



Twinful Twin Tasha (Tasha Cram) shares her extraordinary healing journey from Twin Loss into Living Twinfully. Tasha skillfully combines her story with her G3 Cycle of Healing that she developed over her 40 years of processing the loss of her twin, Tonya. By opening the cover of this book, reading the pages, working through the G3 Cycle and adding to the journal, you can't help but be transformed

Download a sample chapter in PDF and audio formats!

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